

Winter Weekend Schedule

Saturday

9am-10am	Check-in
10am-12pm	Session 1 <ul style="list-style-type: none">(Rules & Introductions, Technique, Intense Drilling, & Live Wrestling)
1pm	Lunch
2pm-4pm	Session 2 <ul style="list-style-type: none">(Technique, Intense Drilling, & Live Wrestling)
5pm	Dinner
6:30pm-8:30pm	Session 3 <ul style="list-style-type: none">(Technique, Intense Drilling, & Live Wrestling)
10pm	Pizza (Optional)
11pm	Lights Out

Sunday

8am	Wake Up
8:15am	Breakfast
9:15am-11am	Session 4 <ul style="list-style-type: none">(Technique, Intense Drilling, and Live Wrestling)
11:15am	Lunch
12pm-1:30pm	Session 5 <ul style="list-style-type: none">(Technique & Intense Drilling)



